

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
III Campeonato del Mediterrani
AEP-2 Regional de Aragón, Baleares y Cataluña
Lloret de Mar, Girona - 20-21 julio 2024

Rev. 26/07/2024

HOMBRES POWERLIFTING RAW																					
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-66kg																					
1	Lagresa Pujol Aniol	2008	FEDCAT	65,94	0,1560	28	-182,5	182,5	195,0	1	100,0	107,5	110,0	3	215,0	227,5	235,0	1	540,0	84,24	12
2	Caceres Leon Cristian Joel	2004	FLSKEN	64,44	0,1579	27	155,0	167,5	175,0	2	100,0	107,5	110,0	2	180,0	195,0	-215,0	2	480,0	75,79	9
3	Codes Palleja Joel	2003	RIVAL	63,68	0,1589	30	162,5	170,0	-175,0	3	92,5	100,0	-102,5	4	170,0	182,5	192,5	3	462,5	73,49	8
4	Rivas Flores Raul	1999	MOON	63,66	0,1589	31	147,5	-157,5	-157,5	5	110,0	-120,0	-120,0	1	165,0	180,0	-190,0	5	437,5	69,52	7
--	James Noble Segarino Brian	2003	RIVAL	65,38	0,1567	29	150,0	157,5	-162,5	4	-90,0	-95,0	-95,0	--	180,0	190,0	-195,0	4	0,0	0,00	--
-74kg																					
1	Basora Polo David	2003	UFORCE	71,90	0,1490	24	220,0	-227,5	230,0	1	130,0	-135,0	135,0	3	220,0	-235,0	-235,0	3	585,0	87,17	12
2	Bucu Guiao Joko Paulo	1998	PRAET	73,98	0,1468	30	210,0	220,0	225,0	2	140,0	145,0	-147,5	2	210,0	-225,0	-225,0	4	580,0	85,14	9
3	Martin Sanjuan Victor	2005	NWERA	70,82	0,1502	31	-172,5	180,0	190,0	4	107,5	115,0	117,5	5	205,0	220,0	230,0	2	537,5	80,73	8
4	Gimenez Herrero Sergi	2001	PBAR	72,38	0,1485	26	-175,0	-180,0	180,0	7	105,0	110,0	-115,0	6	-205,0	225,0	240,0	1	530,0	78,70	7
5	Cerda Belda Jordi	2001	PBAR	73,60	0,1472	22	170,0	177,5	185,0	5	-130,0	130,0	135,0	4	190,0	-202,5	205,0	5	525,0	77,28	6
6	Vara Martorell Jordi	2005	CCFM	71,96	0,1490	28	165,0	172,5	180,0	6	100,0	105,0	-107,5	8	185,0	195,0	-202,5	7	480,0	71,52	5
7	Bermejo Figueras Joan	1998	MOON	71,92	0,1490	29	157,5	162,5	167,5	8	102,5	-107,5	107,5	7	182,5	192,5	200,0	6	475,0	70,78	4
8	Elias Fuster Gerard	2005	FRETIK	73,78	0,1470	23	157,5	167,5	-175,0	9	90,0	95,0	-100,0	9	-172,5	172,5	-185,0	8	435,0	63,95	3
--	Alcala Sevilla Javier	1995	PBAR	73,18	0,1477	25	195,0	-210,0	-210,0	3	-147,5	147,5	-152,5	1	-220,0	-220,0	-220,0	--	0,0	0,00	--
-83kg (solo Press Banca)																					
1	Sierra García Pedro Antonio	1973	MOON	82,10	0,5051	32					125,0	130,0	-132,5						130,0	65,66	
-83kg																					
1	Polo Esquinas David	1998	FLSKEN	81,30	0,1399	40	212,5	-227,5	237,5	1	127,5	130,0	135,0	3	240,0	-260,0	270,0	1	642,5	89,89	12
2	Bogdan Tohanean Andrei	1997	PBAR	82,30	0,1390	41	212,5	227,5	237,5	2	120,0	130,0	-135,0	4	232,5	250,0	-265,0	3	617,5	85,83	9
3	Fernandez Laparra Joel	2002	STB	80,00	0,1410	37	200,0	212,5	220,0	4	125,0	132,5	137,5	2	240,0	252,5	-255,0	2	610,0	86,01	8
4	Calvo Jimenez Sergio	2002	FLSKEN	82,40	0,1389	44	192,5	205,0	210,0	6	125,0	130,0	-132,5	5	235,0	250,0	-260,0	4	590,0	81,95	7
5	Alonso Leiva Héctor	1995	RPTS	82,80	0,1386	35	195,0	210,0	215,0	5	-105,0	120,0	-130,0	7	220,0	235,0	250,0	5	585,0	81,08	6
6	Jaraba Currius Adria	1996	MOON	82,80	0,1386	36	190,0	-205,0	205,0	7	140,0	145,0	-150,0	1	200,0	215,0	230,0	8	580,0	80,39	5
7	Martinez Ramos. Pol	2001	OLYMP	82,10	0,1392	33	205,0	220,0	227,5	3	-95,0	97,5	102,5	10	235,0	-250,0	-250,0	7	565,0	78,65	4
8	Torrallbo Jiménez Daniel	1993	RPTS	81,10	0,1401	42	185,0	195,0	-205,0	9	-120,0	-120,0	120,0	6	-220,0	220,0	235,0	6	550,0	77,06	3
9	Monmany Gervilla Raúl	2003	MOON	77,20	0,1436	38	187,5	197,5	-207,5	8	100,0	105,0	107,5	8	210,0	222,5	-235,0	9	527,5	75,75	2
10	Romero Orozco Xavier	1997	RPTS	81,40	0,1398	43	175,0	190,0	-195,0	11	107,5	-115,0	-115,0	9	200,0	220,0	-225,0	10	517,5	72,35	1
11	Ortola Pla Edu	2000	RPTS	80,00	0,1410	34	160,0	175,0	190,0	10	92,5	100,0	-105,0	11	195,0	-210,0	210,0	11	500,0	70,50	1
-93kg (solo Press Banca)																					
1	Del Ojo Perez Cristian	1995	PBAR	88,50	0,4862	45					150,0	157,5	-165,0						157,5	76,58	
-93kg																					
1	Ribera Gascon Marc	1998	NWERA	92,10	0,1314	55	225,0	242,5	255,0	1	152,5	160,0	165,0	1	230,0	250,0	-270,0	4	670,0	88,04	12
2	Jan Szydowski Marcel	2000	OLYMP	87,90	0,1345	49	212,5	225,0	240,0	2	147,5	-155,0	157,5	2	235,0	252,5	260,0	2	657,5	88,43	9
3	Campo Quintilla Hector	1997	BARBAS	92,40	0,1312	52	220,0	-235,0	235,0	4	132,5	142,5	-150,0	5	280,0	-300,0	-300,0	1	657,5	86,26	8
4	Hernandez Ruiz Jan	2003	FLSKEN	91,30	0,1320	56	-210,0	222,5	232,5	5	132,5	140,0	-145,0	6	220,0	242,5	257,5	3	630,0	83,16	7
5	Avila Gamez Ruben	1989	RPTS	92,20	0,1314	53	220,0	235,0	-245,0	3	140,0	-150,0	150,0	3	210,0	230,0	-245,0	5	615,0	80,81	6
6	Stanciu Eduard	2004	UFORCE	92,20	0,1314	54	190,0	205,0	215,0	7	135,0	-142,5	145,0	4	210,0	230,0	-242,5	6	590,0	77,53	5
7	Fernandez Saez. Eric	2003	PRAET	92,10	0,1314	48	200,0	210,0	217,5	6	110,0	117,5	-122,5	8	215,0	-227,5	-227,5	7	550,0	72,27	4
8	Tahiri Melloul Karim	2004	ATENEA	91,90	0,1316	51	147,5	162,5	175,0	8	122,5	127,5	132,5	7	185,0	-202,5	-205,0	8	492,5	64,81	3

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LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord,	SENTADILLAS			PRESS BANCA				PESO MUERTO			TOTAL	IPFGL	Pt.			
-105kg																					
1 Oyeghe Blasco Daniel	2001	FEDCAT	102,20	0,1250	15	260,0	275,0	285,0	1	150,0	155,0	160,0	4	270,0	290,0	315,0	2	760,0	95,00	12	
2 Servan Lazaro Joel	1999	PBAR	94,90	0,1295	18	-240,0	255,0	270,0	2	140,0	147,5	150,0	6	295,0	315,0	330,0	1	750,0	97,13	9	
3 Felipe Soriano David	1994	PBAR	103,40	0,1244	14	250,0	265,0	-275,0	5	155,0	162,5	165,0	3	265,0	280,0	-290,0	4	710,0	88,32	8	
4 Ngopsie Teumo Dassin	1999	STB	102,90	0,1246	13	255,0	265,0	-280,0	4	140,0	152,5	-160,0	5	260,0	290,0	-317,5	3	707,5	88,15	7	
5 Solergibert Trave Oriol	1996	MOON	101,00	0,1257	20	250,0	265,0	-270,0	3	160,0	167,5	-170,0	2	265,0	-285,0	-285,0	7	697,5	87,68	6	
6 Terraga Gomez Victor	1996	MOON	104,30	0,1238	17	240,0	260,0	-267,5	6	-160,0	165,0	170,0	1	245,0	265,0	-280,0	8	695,0	86,04	5	
7 Ruiz Rodriguez Antoni	1993	RPTS	100,30	0,1261	16	217,5	232,5	-240,0	9	140,0	150,0	-152,5	7	250,0	270,0	-280,0	6	652,5	82,28	4	
8 Selva Duch Pol	2004	UFORCE	98,40	0,1273	12	217,5	232,5	237,5	7	120,0	127,5	132,5	12	230,0	252,5	-270,0	9	622,5	79,24	3	
9 Sanchez Ponseti Armando	2001	PBAR	103,45	0,1243	5	210,0	225,0	237,5	8	120,0	-125,0	125,0	14	220,0	235,0	-250,0	13	597,5	74,27	2	
10 Manjon Carmona David	1998	OLYMP	103,40	0,1244	11	195,0	205,0	-212,5	11	135,0	140,0	-145,0	10	240,0	-260,0	-260,0	11	585,0	72,77	1	
11 Casado Izuquierdo Victor	1998	PBAR	101,60	0,1254	2	205,0	217,5	-227,5	10	-110,0	115,0	-125,0	15	235,0	250,0	-265,0	10	582,5	73,05	1	
12 Miras Robles Oriol	2000	OLYMP	97,00	0,1282	4	180,0	190,0	200,0	13	137,5	142,5	-145,0	9	210,0	225,0	235,0	12	577,5	74,04	1	
13 Garcia Bermudez Fran	1993	FLSKEN	98,60	0,1272	1	190,0	202,5	-210,0	12	142,5	147,5	-152,5	8	200,0	220,0	-235,0	15	570,0	72,50	1	
14 Novellas Parera David	1996	OLYMP	98,14	0,1275	3	177,5	190,0	-200,0	14	125,0	130,0	-132,5	13	215,0	230,0	-245,0	14	550,0	70,13	1	
-- Arenas Sola Pol Nicolas	1992	FLSKEN	101,30	0,1256	19	-200,0	-200,0	X	--	127,5	135,0	-140,0	11	245,0	-265,0	275,0	5	0,0	0,00	--	
-120kg																					
1 Dominguez Arega Negussie Fabian	2002	RIVAL	106,50	0,1227	7	275,0	-290,0	290,0	1	175,0	-185,0	185,0	1	-270,0	270,0	X	1	745,0	91,41	12	
2 Yoshifumi Morimoto Pol	2004	FLSKEN	114,70	0,1186	10	260,0	270,0	-280,0	2	160,0	170,0	-180,0	2	235,0	245,0	-252,5	5	685,0	81,24	9	
3 Tripliana Garcia Diego	1996	BARBAS	117,90	0,1171	8	240,0	255,0	-265,0	3	150,0	155,0	-160,0	4	230,0	252,5	-270,0	4	662,5	77,58	8	
4 Creus Palma Nil	2004	OLYMP	114,86	0,1185	6	230,0	242,5	-255,0	5	150,0	155,0	-160,0	3	230,0	245,0	262,5	2	660,0	78,21	7	
5 Guerola Martinez Alberto	1996	RPTS	118,65	0,1168	9	220,0	240,0	245,0	4	135,0	145,0	155,0	5	240,0	260,0	-270,0	3	660,0	77,09	6	

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones
1 FORCA LAIESKEN Barcelona	44	[12+9+9+7+7] 412,02 GL Pts
2 POWERLIFTING BARCELONA	39	[9+9+8+7+6] 427,27 GL Pts
3 MOONSTONE BARBELL Sabadell	27	[7+6+5+5+4] 394,40 GL Pts
4 RZ POWER TEAM Sabadell	25	[6+6+6+4+3] 398,32 GL Pts
5 FEDERACION CATALANA	24	[12+12] 179,24 GL Pts
6 OLYMPIA Barcelona	22	[9+7+4+1+1] 392,10 GL Pts
7 THE NEW ERA TEAM Barcelona	20	[12+8] 168,77 GL Pts
8 RIVAL POWERLIFTING Barcelona	20	[12+8] 164,90 GL Pts

CLASIFICACIÓN POR CLUBES	pt.	Puntuaciones
9 UNITY FORCE Tarragona	20	[12+5+3] 243,94 GL Pts
10 BARBASTRO POWER Huesca	16	[8+8] 163,84 GL Pts
11 STB STRENGTH Barcelona	15	[8+7] 174,16 GL Pts
12 PRAETORIANS TARRAGONA	13	[9+4] 157,41 GL Pts
13 CONRA CLUB FORCA Mallorca	5	[5] 71,52 GL Pts
14 ATENEA POWERLIFTING Barcelona	3	[3] 64,81 GL Pts
15 FRENETIK POWERLIFTING Barcelona	3	[3] 63,94 GL Pts

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HOMBRES POWERLIFTING RAW											
LEVANTADOR	AÑO	CLUB	PESO	COEF. Ord,	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL	IPFGL	Pt.	

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL										
Nombre	AÑO	Club	Peso	Cat.	Total	GL pt.	Clas.			
1 Servan Lazaro Joel	1999	PBAR	94,90		750,0	97,13	2			
2 Oyeghe Blasco Daniel	2001	FEDCAT	102,20		760,0	95,00	1			
3 Dominguez Arega Negussie Fabian	2002	RIVAL	106,50		745,0	91,41	1			
4 Polo Esquinas David	1998	FLSKEN	81,30		642,5	89,89	1			
5 Jan Szydowski Marcel	2000	OLYMP	87,90		657,5	88,43	2			
6 Felipe Soriano David	1994	PBAR	103,40		710,0	88,32	3			
7 Ngopsie Teumo Dassin	1999	STB	102,90		707,5	88,15	4			
8 Ribera Gascon Marc	1998	NWERA	92,10		670,0	88,04	1			
9 Solergibert Trave Oriol	1996	MOON	101,00		697,5	87,68	5			
10 Basora Polo David	2003	UFORCE	71,90		585,0	87,17	1			
11 Campo Quintilla Hector	1997	BARBAS	92,40		657,5	86,26	3			
12 Terraga Gomez Victor	1996	MOON	104,30		695,0	86,04	6			
13 Fernandez Laparra Joel	2002	STB	80,00		610,0	86,01	3			
14 Bogdan Tohanean Andrei	1997	PBAR	82,30		617,5	85,83	2			
15 Bucu Guiao Joko Paulo	1998	PRAET	73,98		580,0	85,14	2			
16 Lagresa Pujol Aniol	2008	FEDCAT	65,94		540,0	84,24	1			
17 Hernandez Ruiz Jan	2003	FLSKEN	91,30		630,0	83,16	4			
18 Ruiz Rodriguez Antoni	1993	RPTS	100,30		652,5	82,28	7			
19 Calvo Jimenez Sergio	2002	FLSKEN	82,40		590,0	81,95	4			
20 Yoshifumi Morimoto Pol	2004	FLSKEN	114,70		675,0	81,24	2			
21 Alonso Leiva Héctor	1995	RPTS	82,80		585,0	81,08	5			
22 Avila Gamez Ruben	1989	RPTS	92,20		615,0	80,81	5			
23 Martin Sanjuan Victor	2005	NWERA	70,82		537,5	80,73	3			
24 Jaraba Currius Adria	1996	MOON	82,80		580,0	80,39	6			

ABREVIACIONES de CLUBES:
ATENEA = ATENEA POWERLIFTING Barcelona
BARBAS = BARBASTRO POWER Huesca
CCFM = CONRA CLUB FORCA Mallorca
FEDCAT = FEDERACION CATALANA
FLSKEN = FORCA LAIESKEN Barcelona
FRETIK = FRENETIK POWERLIFTING Barcelona
MOON = MOONSTONE BARBELL Sabadell
NWERA = THE NEW ERA TEAM Barcelona
OLYMP = OLYMPIA Barcelona
PBAR = POWERLIFTING BARCELONA
PRAET = PRAETORIANS TARRAGONA
RIVAL = RIVAL POWERLIFTING Barcelona
RPTS = RZ POWER TEAM Sabadell
STB = STB STRENGTH Barcelona
UFORCE = UNITY FORCE Tarragona