

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato Intend Power
AEP-3 de iniciación de Madrid
Villanueva De La Cañada, Madrid - Sábado, 20 julio 2024

Rev. 23/07/2024

HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-66 kg																
1 León San Martín Francisco Enrique	1996	SOUTHW	64,55		8	160,0	170,0	177,5	100,0	107,5	112,5	177,5	190,0	-195,0	480,0	75,71
2 Villacís Bravo Daniel Antonio	2007	INTEND	64,55		9	160,0	175,0	185,0	100,0	-110,0	-110,0	170,0	182,5	-197,5	467,5	73,74
3 Sánchez Pascual Santos	2002	INTEND	62,75		2	147,5	155,0	-165,0	75,0	82,5	85,0	190,0	202,5	-220,0	442,5	70,85
4 Ponce Nathanael Eric	2000	INTEND	64,55		5	152,5	-162,5	-167,5	92,5	97,5	100,0	167,5	180,0	190,0	442,5	69,80
5 Melchor Simancas Daniel	1995	EXIT28	64,95		3	150,0	157,5	162,5	100,0	105,0	-107,5	157,5	165,0	170,0	437,5	68,78
6 Lozoya Tutard Pascal	2002	SOYPOW	64,60		1	135,0	142,5	-150,0	75,0	80,0	85,0	165,0	175,0	185,0	412,5	65,04
7 Chacón Marín Ángel	1998	PVALH	63,85		7	145,0	152,5	160,0	80,0	85,0	90,0	145,0	152,5	160,0	410,0	65,04
8 Yañez Gómez Felipe Ignacio	2002	FENRIR	65,80		4	110,0	120,0	130,0	75,0	80,0	-85,0	137,5	147,5	152,5	362,5	56,60
9 Rodríguez Muñoz Alejandro	2008	LEOHAK	63,55		6	112,5	120,0	-127,5	60,0	65,0	72,5	145,0	-160,0	160,0	352,5	56,06
-74 kg																
1 Alzona Jimmy Joel	2003	PVALH	73,50		10	162,5	172,5	-177,5	92,5	-97,5	-97,5	195,0	205,0	212,5	477,5	70,35
2 Guervós Lopez Raúl	2007	BLKCRW	73,20		14	162,5	170,0	-172,5	-105,0	105,0	-110,0	182,5	192,5	-202,5	467,5	69,02
3 Murillo Fernandez Adrián	2000	FENRIR	73,20		13	160,0	170,0	-182,5	110,0	117,5	120,0	155,0	167,5	177,5	467,5	69,02
4 Peña Davila Naim	2006	BLKCRW	73,40		15	150,0	160,0	-170,0	85,0	90,0	-95,0	175,0	185,0	192,5	442,5	65,24
5 Galhardo Martín Enrique	1999	SOUTHW	72,10		11	110,0	120,0	135,0	90,0	92,5	102,5	170,0	180,0	-190,0	417,5	62,13
-83 kg																
1 Roncero Polonio Francisco Javier	1990	CROM	80,90		42	170,0	180,0	185,0	135,0	-140,0	140,0	210,0	220,0	230,0	555,0	77,83
2 Benslimane Bignardi Omar	2005	SPFSTR	81,80		45	-175,0	175,0	185,0	112,5	117,5	122,5	222,5	237,5	247,5	555,0	77,40
3 Torres Martín Diego	2003	RISING	75,20		41	160,0	170,0	182,5	112,5	120,0	-130,0	185,0	200,0	215,0	517,5	75,34
4 Madlang-Awa Mark	2004	MIKEB	80,30		39	177,5	182,5	187,5	85,0	87,5	92,5	-205,0	212,5	220,0	500,0	70,38
5 Larraz Labordeta Eduardo	1996	MGFPOW	82,30		43	160,0	-167,5	-170,0	100,0	107,5	112,5	187,5	200,0	205,0	477,5	66,38
6 Cardozo Niño Brayan Esteven	1997	SOYPOW	78,50		40	147,5	157,5	165,0	87,5	92,5	100,0	170,0	182,5	195,0	460,0	65,51
7 Alvarado Arias Íker Omar	2006	STRCAP	80,45		44	145,0	-155,0	-155,0	102,5	110,0	-112,5	185,0	200,0	-210,0	455,0	63,99
8 Echarri Onetti Pablo	2002	BLKCRW	78,20		33	147,5	160,0	167,5	95,0	100,0	-105,0	170,0	185,0	-200,0	452,5	64,57
9 Arpa Hervás Alberto	2005	EXIT28	77,10		35	-150,0	152,5	160,0	82,5	87,5	-90,0	185,0	200,0	-210,0	447,5	64,32
10 Ferrer Sanchez Guillermo	1989	IRONP	77,55		32	135,0	-140,0	-140,0	85,0	92,5	-100,0	150,0	165,0	180,0	407,5	58,39
11 Alvear Guerra Angel Geovanny	1993	STRCAP	79,65		34	125,0	132,5	-140,0	77,5	82,5	85,0	145,0	157,5	170,0	387,5	54,77
-93 kg																
1 Castaños Calleja Raúl	1996	PUCELA	92,15		46	-202,5	210,0	-220,0	137,5	145,0	152,5	195,0	210,0	215,0	577,5	75,89
2 Mendoza Peñarrieta Jeremy	2001	INTEND	90,95		48	180,0	195,0	-205,0	125,0	135,0	-142,5	215,0	235,0	-245,0	565,0	74,73
3 Ortiz Martínez Juan Carlos	1968	ERALLO	90,55		53	175,0	182,5	190,0	125,0	135,0	140,0	185,0	200,0	215,0	545,0	72,24
4 Ferri Guallar Pablo	2005	INTEND	84,24		49	165,0	175,0	-182,5	100,0	107,5	112,5	-220,0	235,0	-250,0	522,5	71,79
5 Muñoz Ballesteros Álvaro	2001	PVALH	92,30		51	157,5	167,5	177,5	122,5	127,5	135,0	190,0	200,0	210,0	522,5	68,61
6 Sánchez Montilla Alejandro	2005	STRCAP	91,35		52	170,0	180,0	187,5	95,0	100,0	-105,0	192,5	202,5	-222,5	490,0	64,67
7 Ramos Fernández Santiago	1996	SPFSTR	90,25		47	-172,5	-172,5	172,5	100,0	105,0	-110,0	195,0	-207,5	207,5	485,0	64,39
8 Pomares Cañadas Diego	2003	VNDTTA	90,35		50	162,5	-172,5	-175,0	75,0	80,0	85,0	175,0	187,5	195,0	442,5	58,71

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HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-105 kg																
1 De Toffol Gianluca	1991	DANIG	94,85		61	177,5	-185,0	185,0	110,0	117,5	122,5	222,5	235,0	245,0	552,5	71,59
2 General Alfonso Lucas	2003	ERALLO	95,80		54	170,0	180,0	185,0	125,0	132,5	135,0	207,5	-215,0	215,0	535,0	68,99
3 Del Valle Almoguera Diego	2001	SILENT	101,10		55	155,0	170,0	180,0	105,0	112,5	-120,0	200,0	215,0	225,0	517,5	65,04
4 Ajenjos Recuero Carlos Manuel	1996	STRCAP	96,65		62	145,0	157,5	170,0	82,5	87,5	-92,5	185,0	205,0	-220,0	462,5	59,39
-- Herrada Grande Rubén	1997	PVALH	104,40		63	-237,5	-237,5	X	X	X	X	X	X	X	0,0	0,00
-120 kg																
1 Peña Baena Rubén	2003	VNDTTA	119,20		58	260,0	275,0	-282,5	157,5	162,5	-165,0	230,0	245,0	257,5	695,0	81,03
2 Fernández Largo Iván	1993	EXIT28	111,30		57	190,0	200,0	210,0	110,0	-115,0	115,0	220,0	230,0	-240,0	555,0	66,71
3 Ramírez Montero Jorge	1998	PVALH	109,40		59	-150,0	150,0	-160,0	95,0	-102,5	102,5	160,0	172,5	182,5	435,0	52,70

MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL								ABREVIACIONES de CLUBES:		
Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.			
1 Peña Baena Rubén	2003	VNDTTA	119,20	-120kg	695,0	81,03	1	1	BLKCRW	BLACK CROWN POWERLIFTING Madrid
2 Roncero Polonio Francisco Javier	1990	CROM	80,90	-83kg	555,0	77,83	1	2	CROM	CROM GYM Madrid
3 Benslimane Bignardi Omar	2005	SPFSTR	81,80	-83kg	555,0	77,40	2	3	DANIG	DANIGPOWER Madrid
4 Castaños Calleja Raúl	1996	PUCELA	92,15	-93kg	577,5	75,89	1	4	ERALLO	EDUARDO RALLO Madrid
5 León San Martín Francisco Enrique	1996	SOUTHW	64,55	-66kg	480,0	75,71	1	5	EXIT28	ÉXITO28 Madrid
6 Torres Martín Diego	2003	RISING	75,20	-74kg	517,5	75,34	3	6	FENRIR	FENRIR Madrid
7 Mendoza Peñarrieta Jeremy	2001	INTEND	90,95	-93kg	565,0	74,73	2	7	INTEND	INTEND POWER Madrid
8 Villacís Bravo Daniel Antonio	2007	INTEND	64,55	-66kg	467,5	73,74	2	8	IRONP	IRON POWER Fuenlabrada
9 Ortiz Martínez Juan Carlos	1968	ERALLO	90,55	-93kg	545,0	72,24	3	9	LEOHAK	LEONES HAKEÑOS Madrid
10 Ferri Guallar Pablo	2005	INTEND	84,24	-93kg	522,5	71,79	4	10	MGFPOW	MGF POWER TEAM Madrid
11 De Toffol Gianluca	1991	DANIG	94,85	-93kg	552,5	71,59	1	11	MIKEB	MIKEBARBELL Madrid
12 Sánchez Pascual Santos	2002	INTEND	62,75	-66kg	442,5	70,85	3	12	PVALH	POWER VALHALLA Madrid
13 Madlang-Awa Mark	2004	MIKEB	80,30	-83kg	500,0	70,38	4	13	PUCELA	PUCELA STRENGTH Valladolid
14 Alzona Jimmy Joel	2003	PVALH	73,50	-74kg	477,5	70,35	1	14	RISING	RISING POWER Madrid
15 Ponce Nathanael Eric	2000	INTEND	64,55	-66kg	442,5	69,80	4	15	SILENT	SILENT CLUB Madrid
16 Guervós Lopez Raúl	2007	BLKCRW	73,20	-74kg	467,5	69,02	2	16	SOUTHW	SOUTHWEST POWERLIFTING Madrid
17 Murillo Fernandez Adrián	2000	FENRIR	73,20	-74kg	467,5	69,02	3	17	SOYPOW	SOY POWERLIFTER Madrid
18 General Alfonso Lucas	2003	ERALLO	95,80	-105kg	535,0	68,99	2	18	SPFSTR	SPECIFIC STRENGTH Madrid
19 Melchor Simancas Daniel	1995	EXIT28	64,95	-66kg	437,5	68,78	5	19	STRCAP	STRENGTH CAPITAL Madrid
20 Muñoz Ballesteros Álvaro	2001	PVALH	92,30	-93kg	522,5	68,61	5	20	VNDTTA	VENDETTA POWERLIFTING Madrid