

NEW TIMETABLE
WORLD SUB-JUN & JUNIOR EQUIPPED & CLASSIC POWERLIFTING CHAMPIONSHIPS –
MALTA 2024

Day	Weigh-in time	Classes		Start
Tuesday, 27.08.2024		Accreditation		09:00
		Technical Meeting		20:00
		Equipped Powerlifting		
Wednesday, 28.08.2024	08:00 - 09:30	Men S/J + Jun	53kg / 59kg	10:00
		Open Ceremony		13:30
	12:00 – 13:30	Women S/J + Jun	43kg / 47kg	14:00
	15:00 – 16:30	Men S/J + Jun	66 kg	17:00
Thursday, 29.08.2024	07:00 – 08:30	Women S/J + Jun	52kg – 57kg	09:00
	11:00 – 12:30	Men S/J Women S/J Women Jun Women Jun	74kg 69kg 63kg B Group + 69kg	13:00
Prime Time	15:00 – 16:30	Women Jun Men Jun	63kg 74kg	17:00
Friday, 30.08.2024	08:00 – 09:30	Men S/J Men Jun	83kg + 93kg 83kg	10:00
	11:30 – 13:00	Women S/J Women Jun	76kg -+84kg 84kg	13:30
Prime Time	16:00 – 17:30	Men Jun + Women Jun	93kg 76 kg & +84 kg	18:00
Saturday, 31.08.2024	07:00 – 08:30	Men S/J + Jun	105kg	09:00
	10:00 – 11:30	Men S/J + Jun	120kg - +120kg	12:00
	14:00 – 15:30	Men S/J + Jun	53kg	16:00
	17:00 – 18:30	Women S/J Women Jun	43kg & 47kg 43kg	19:00
		Closing Banquet		19:00

		Classic Powerlifting		
Sunday, 01.09.2024	07:00 - 08:30	Men S/J	59kg	09:00
	11:30 - 13:00	Women S/Jun	52kg & 57kg	13:30
Prime Time	17:00 - 18:30	Women Jun Men Jun	47kg 59kg	19:00
Monday 02.09.2024	07:00 - 08:30	Men S/Jnr Men Jun B Group	66kg 66kg	09:00
	12:00 - 13:30	Women Jun Women Jun	52kg 57kg B Group	14:00
Prime Time	17:00 - 18:30	Women Jun Men Jun	57kg A Group 66kg A Group	19:00
Tuesday 03.09.2024	07:00 - 08:30	Men S/J	74kg	09:00
	10:00 - 11:30	Women Jun Men Jun	63kg B Group 74kg B Group	12:00
	14:30 - 16:00	Women S/J	63kg	16:30
Prime Time	18:00 - 19:30	Men Jun	63kg A Group 74kg A Group	20:00
Wednesday 04.09.2024	07:00 - 08:30	Women S/J Women Jun	69kg 69kg B Group	09:00
	13:00 - 14:30	Women S/J Women Jun	76kg 76kg B Group	15:00
Prime Time	17:00 - 18:30	Women Jun	69kg A Group 76kg A Group	19:00
Thursday, 05.09.2024	08:00 - 09:30	Men S/Jun	83kg	10:00
	13:00 - 14:30	Men S/Jun	93kg	15:00
Friday, 06.09.2024	06:00 - 07:30	Men Jun	83kg	08:00
	12:00 - 13:30	Men Jun	93kg B-Group	14:00
	17:00 - 18:30	Men S/Jun Men Jnr	105kg 93kg A-Group	19:00
Saturday, 07.09.2024	07:00 -08:30	Men Jun	105kg	09:00
	13:00 -14:30	Women S/Jun	84kg --84kg	15:00
	16:30 -18:00	Women Jun	84kg --84kg	18:30
Sunday.08.09.2024	08:00 - 09:30	Men Jun	120kg	10:00
	11:30 - 13:00	Men S/Jun	120kg -- +120kg	13:30
	11:30 - 13:00	Men Jun	+120Kg	13:30
		Closing Banquet		19:00