

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**II Project Energy Cup**  
AEP-2 Regional de Andalucía  
Cártama, Málaga - Sábado, 7 septiembre 2024

Rev. 08/09/2024

<b>MUJERES POWERLIFTING RAW</b>																					
<b>LEVANTADORA</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>				<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	<b>Pt.</b>		
<b>-57kg</b>																					
1	Garcia Palomo Carmen	1996	ALMBAR	53,28	0,2474	19	107,5	115,0	122,5	1	55,0	57,5	60,0	4	115,0	125,0	132,5	2	<b>315,0</b>	<b>77,93</b>	12
2	Moya Millan Teresa	2002	JAEN	54,08	0,2444	20	97,5	102,5	107,5	2	60,0	62,5	65,0	1	125,0	132,5	140,0	1	<b>312,5</b>	<b>76,38</b>	9
3	Pastor Diaz Asensio Marta	2005	PRSJ	56,32	0,2367	21	90,0	97,5	102,5	3	57,5	62,5	65,0	2	115,0	122,5	130,0	3	<b>297,5</b>	<b>70,42</b>	8
4	Navia Lesmes Natasha	2000	PSVLL	55,22	0,2403	22	<del>92,5</del>	92,5	97,5	4	57,5	60,0	62,5	3	100,0	110,0	117,5	4	<b>277,5</b>	<b>66,68</b>	7
<b>-63kg</b>																					
1	Company Fernandez Rocio	1996	FNAZ	62,14	0,2207	8	<del>122,5</del>	122,5	130,0	1	57,5	62,5	<del>67,5</del>	4	132,5	142,5	152,5	1	<b>345,0</b>	<b>76,14</b>	12
2	Vazquez Molina Montserrat	2001	IRON	62,66	0,2196	10	107,5	112,5	<del>115,0</del>	6	67,5	72,5	75,0	1	112,5	125,0	130,0	4	<b>317,5</b>	<b>69,72</b>	9
3	Montenegro De La Torre Alba	2005	PS	61,70	0,2218	2	102,5	110,0	115,0	4	65,0	70,0	72,5	2	112,5	120,0	125,0	5	<b>312,5</b>	<b>69,31</b>	8
4	Luque Marfil Nerea	2002	MSG	62,24	0,2205	5	115,0	120,0	<del>122,5</del>	2	62,5	67,5	<del>70,0</del>	3	115,0	125,0	<del>127,5</del>	6	<b>312,5</b>	<b>68,91</b>	7
5	Lorenzo Garrido Jennifer	1994	IRON	62,74	0,2194	4	110,0	115,0	<del>117,5</del>	5	57,5	<del>60,0</del>	<del>60,0</del>	7	122,5	130,0	135,0	3	<b>307,5</b>	<b>67,47</b>	6
6	Calvo Munoz.. Esperanza de Maria	2002	LIFTAM	60,84	0,2239	9	87,5	92,5	95,0	8	50,0	52,5	55,0	8	132,5	142,5	150,0	2	<b>300,0</b>	<b>67,17</b>	5
7	Ruiz Solier. Laura	2007	PS	61,84	0,2215	6	107,5	<del>117,5</del>	117,5	3	52,5	57,5	60,0	6	107,5	115,0	117,5	7	<b>295,0</b>	<b>65,34</b>	4
8	Martinez Rodriguez Maria	1999	ENRGY	62,72	0,2194	1	97,5	102,5	107,5	7	60,0	62,5	<del>65,0</del>	5	110,0	115,0	<del>120,0</del>	8	<b>285,0</b>	<b>62,53</b>	3
<b>-69kg</b>																					
1	Pata Gonzalez Patricia	2000	RVSTR	68,84	0,2074	16	155,0	165,0	X	1	82,5	87,5	<del>90,0</del>	1	152,5	165,0	X	1	<b>417,5</b>	<b>86,59</b>	12
2	Garrido Punzano Esther	1991	LIFTAM	67,90	0,2091	13	125,0	130,0	<del>132,5</del>	2	65,0	70,0	75,0	2	127,5	135,0	140,0	3	<b>345,0</b>	<b>72,14</b>	9
3	Duarte Uribe Alba	1992	FNAZ	68,52	0,2080	17	110,0	117,5	122,5	4	65,0	70,0	72,5	3	137,5	145,0	<del>147,5</del>	2	<b>340,0</b>	<b>70,72</b>	8
4	Ruiz Moriana Lucia	1996	ENRGY	68,50	0,2080	12	120,0	<del>127,5</del>	<del>127,5</del>	5	65,0	<del>70,0</del>	<del>70,0</del>	5	130,0	137,5	<del>142,5</del>	5	<b>322,5</b>	<b>67,08</b>	7
5	Rico Gonzalez Marina	2003	PS	67,66	0,2095	15	110,0	117,5	122,5	3	55,0	60,0	<del>62,5</del>	6	125,0	<del>132,5</del>	135,0	6	<b>317,5</b>	<b>66,52</b>	6
6	Barranco Sanchez-Rico Rosa Ma	1998	FNAZ	68,24	0,2085	14	100,0	107,5	<del>112,5</del>	6	57,5	62,5	67,5	4	115,0	127,5	137,5	4	<b>312,5</b>	<b>65,16</b>	5
<b>-76kg</b>																					
1	Inareta Munoz Olga	2005	FGUAD	69,94	0,2056	24	<del>127,5</del>	135,0	<del>140,0</del>	1	70,0	72,5	75,0	1	135,0	142,5	150,0	2	<b>360,0</b>	<b>74,02</b>	12
2	Hueltes Palacios Sara	1999	PRSJ	72,77	0,2014	23	92,5	97,5	102,5	3	<del>62,5</del>	62,5	<del>65,0</del>	2	145,0	155,0	162,5	1	<b>327,5</b>	<b>65,96</b>	9
3	Ligero Montilla Mariola	2004	PS	74,10	0,1996	25	112,5	120,0	125,0	2	55,0	60,0	62,5	3	115,0	122,5	130,0	3	<b>317,5</b>	<b>63,37</b>	8
<b>-84kg</b>																					
1	Gallardo Murciano Marta	2000	FNAZ	83,18	0,1896	27	125,0	<del>135,0</del>	135,0	1	57,5	60,0	62,5	3	142,5	152,5	160,0	1	<b>357,5</b>	<b>67,78</b>	12
2	Molina Trivino Sara	2005	ARP	81,30	0,1914	28	115,0	122,5	<del>127,5</del>	2	65,0	70,0	<del>75,0</del>	2	115,0	122,5	130,0	2	<b>322,5</b>	<b>61,73</b>	9
3	Bentley Grace Eleanor	2003	PHO	79,30	0,1934	26	100,0	110,0	115,0	3	67,5	72,5	75,0	1	100,0	115,0	<del>120,0</del>	3	<b>305,0</b>	<b>58,99</b>	8
<b>84+kg</b>																					
1	Del Aguila Gomez Ana	2005	DNIXAR	92,94	0,1822	29	130,0	137,5	142,5	1	<del>55,0</del>	55,0	<del>60,0</del>	1	130,0	140,0	147,5	1	<b>345,0</b>	<b>62,86</b>	12

<b>CLASIFICACIÓN POR CLUBES</b>		<b>pt.</b>	<b>Puntuaciones</b>
1	FUERZA NAZARI Granada	37	[12+12+8+5] 279,80 GL Pts
2	PROJECT STRENGTH Malaga	26	[8+8+6+4] 264,54 GL Pts
3	POWER RANGERS STRENGTH JAEN	17	[9+8] 136,38 GL Pts
4	IRONSIDE STRENGTH Sevilla	15	[9+6] 137,19 GL Pts
5	LIFT AMBITION Granada	14	[9+5] 139,31 GL Pts
6	RV STRENGTH Huelva	12	[12] 86,59 GL Pts
7	ALMERIA BARBELL CLUB	12	[12] 77,93 GL Pts
8	FUERZA GUADAIRA	12	[12] 74,02 GL Pts

<b>CLASIFICACIÓN POR CLUBES</b>		<b>pt.</b>	<b>Puntuaciones</b>
9	DEPORNIXAR ALMERIA	12	[12] 62,86 GL Pts
10	ENERGY ALHAURIN	10	[7+3] 129,61 GL Pts
11	POWERLIFTING JAEN	9	[9] 76,38 GL Pts
12	ALTERNATIVE RAW Huelva	9	[9] 61,73 GL Pts
13	POWER HUERCAL-OVERA	8	[8] 58,99 GL Pts
14	MOUNTAIN STRENGTH Granada	7	[7] 68,91 GL Pts
15	POWERLIFTING SEVILLA	7	[7] 66,68 GL Pts

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<b>MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL</b>								
	<b>Nombre</b>	<b>Año</b>	<b>Club</b>	<b>Peso</b>	<b>Cat.</b>	<b>Total</b>	<b>GL pt.</b>	<b>Clas.</b>
1	Pata Gonzalez Patricia	2000	RVSTR	68,84	-69kg	<b>417,5</b>	<b>86,59</b>	1
2	Garcia Palomo Carmen	1996	ALMBAR	53,28	-57kg	<b>315,0</b>	<b>77,93</b>	1
3	Moya Millan Teresa	2002	JAEN	54,08	-57kg	<b>312,5</b>	<b>76,38</b>	2
4	Company Fernandez Rocio	1996	FNAZ	62,14	-63kg	<b>345,0</b>	<b>76,14</b>	1
5	Inareta Munoz Olga	2005	FGUAD	69,94	-76kg	<b>360,0</b>	<b>74,02</b>	1
6	Garrido Punzano Esther	1991	LIFTAM	67,90	-69kg	<b>345,0</b>	<b>72,14</b>	2
7	Duarte Uribe Alba	1992	FNAZ	68,52	-69kg	<b>340,0</b>	<b>70,72</b>	3
8	Pastor Diaz Asensio Marta	2005	PRSJ	56,32	-57kg	<b>297,5</b>	<b>70,42</b>	3

<b>ABREVIACIONES de CLUBES:</b>
ALMBAR = ALMERIA BARBELL CLUB
ARP = ALTERNATIVE RAW POWERLIFTING Huelva
DNIXAR = DEPORNIXAR ALMERIA
ENRGY = ENERGY ALHAURIN
FGUAD = FUERZA GUADAIRA
FNAZ = FUERZA NAZARI Granada
IRON = IRONSIDE STRENGTH Sevilla
JAEN = POWERLIFTING JAEN
LIFTAM = LIFT AMBITION Granada
MSG = MOUNTAIN STRENGTH Granada
PHO = POWER HUERCAL-OVERA
PRSJ = POWER RANGERS STRENGTH JAEN
PS = PROJECT STRENGTH Malaga
PSVLL = POWERLIFTING SEVILLA
RVSTR = RV STRENGTH Huelva