

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Raw Barbell Cup

AEP-2 Regional NorOeste-2: Cantabria, Euskadi, La Rioja, Navarra y las provincias de Burgos, Segovia y Soria
Abadiño, Bizkaia - 12-13 octubre 2024

Rev. 13/10/2024

MUJERES POWERLIFTING RAW																					
LEVANTADORA		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL	Pt.			
-52kg																					
1	Maniega Espinosa Ainhoa	2003	RBC	51,22	0,2558	1	112,5	120,0	125,0	1	50,0	55,0	55,0	1	115,0	125,0	135,0	1	315,0	80,58	12
-57kg																					
1	Zurimendi Sanchez Itsasne	2000	EPA	56,92	0,2348	6	135,0	142,5	142,5	1	87,5	92,5	95,0	1	140,0	150,0	160,0	1	395,0	92,75	12
2	Galin Bilbao Nahia	1996	IZRRA	56,94	0,2348	7	110,0	115,0	115,0	3	85,0	87,5	87,5	2	117,5	125,0	130,0	5	325,0	76,31	9
3	Cano Gallego Paula	2002	GOIER	55,72	0,2387	5	105,0	110,0	115,0	2	60,0	65,0	65,0	3	127,5	140,0	145,0	3	315,0	75,19	8
4	Berihuete Abad Carolina	2007	NAVAR	54,42	0,2432	4	97,5	105,0	107,5	4	47,5	50,0	52,5	5	120,0	130,0	140,0	2	300,0	72,96	7
5	Rodriguez Soria Janire	1999	GOIER	56,16	0,2372	2	100,0	102,5	110,0	5	47,5	52,5	55,0	6	115,0	122,5	130,0	6	277,5	65,82	6
6	Velasco Oraa Jone	1995	IHB	53,98	0,2448	8	85,0	92,5	97,5	6	50,0	55,0	57,5	4	97,5	107,5	117,5	7	270,0	66,10	5
7	Martin Ruiz Raquel	1997	BURGOS	56,22	0,2370	3	72,5	80,0	85,0	7	40,0	45,0	45,0	7	110,0	120,0	127,5	4	247,5	58,66	4
-63kg																					
1	Carrillo De Albornoz Carricas Berta	2004	NAVAR	61,68	0,2218	13	145,0	155,0	160,0	1	60,0	65,0	65,0	3	150,0	162,5	175,0	2	382,5	84,84	12
2	Battyan Padro Lia	2002	PCAN	60,42	0,2250	11	112,5	120,0	125,0	7	67,5	67,5	67,5	2	165,0	175,0	182,5	1	362,5	81,56	9
3	Sorazu Nido Ana	1996	RBC	61,14	0,2231	18	122,5	130,0	140,0	2	60,0	62,5	65,0	5	150,0	160,0	170,0	3	362,5	80,87	8
4	Casnovas Martin Ainhoa	2003	GOIER	61,64	0,2219	10	120,0	127,5	130,0	3	62,5	67,5	67,5	6	147,5	157,5	162,5	5	347,5	77,11	7
5	Chanevi Chuviru Lily	1984	NAVAR	61,68	0,2218	19	110,0	120,0	120,0	8	55,0	60,0	65,0	8	150,0	160,0	170,0	4	340,0	75,41	6
6	Lasa Echeverria Itziar	2003	NAVAR	62,06	0,2209	16	117,5	125,0	130,0	5	62,5	65,0	65,0	4	130,0	140,0	145,0	6	335,0	74,00	5
7	Moreno Sereno Patricia	2003	YACA	62,44	0,2201	14	117,5	120,0	125,0	6	67,5	70,0	70,0	1	125,0	132,5	140,0	9	335,0	73,73	4
8	Milagros Gutierrez Aroa	2005	NAVAR	62,26	0,2205	9	112,5	112,5	120,0	9	52,5	57,5	57,5	9	135,0	145,0	150,0	7	322,5	71,11	3
9	Garcia Herrera Kira	2005	PCAN	62,06	0,2209	17	90,0	97,5	97,5	10	60,0	62,5	67,5	7	125,0	132,5	142,5	8	302,5	66,82	2
10	Martinez Benavides Laura	1997	PCAN	61,74	0,2217	15	80,0	87,5	92,5	11	52,5	55,0	X	10	107,5	112,5	117,5	10	262,5	58,20	1
--	Aldaba Senosiain Maria	2000	NAVAR	61,92	0,2213	12	127,5	132,5	132,5	4	67,5	67,5	67,5	--	155,0	162,5	165,0	--	0,0	0,00	--
-69kg																					
1	De La Calle Cuesta Jone	2001	EPA	67,18	0,2103	24	147,5	155,0	162,5	1	82,5	87,5	87,5	1	147,5	157,5	165,0	1	415,0	87,27	12
2	Munoz Gabina Erika	2004	EPA	68,42	0,2082	26	145,0	155,0	155,0	2	80,0	85,0	85,0	2	135,0	145,0	155,0	3	395,0	82,24	9
3	Fernandez De La Puente Paula	2000	YACA	68,30	0,2084	25	127,5	127,5	135,0	3	70,0	72,5	75,0	3	162,5	172,5	172,5	2	370,0	77,11	8
4	Gomez Palomar Nerea	2002	NUMA	68,80	0,2075	23	95,0	102,5	110,0	5	52,5	57,5	60,0	5	125,0	135,0	140,0	4	290,0	60,17	7
5	Presentacion Hernandez Maitane	2005	IZRRA	67,32	0,2101	27	102,5	107,5	107,5	4	52,5	52,5	55,0	4	115,0	120,0	125,0	5	275,0	57,78	6
-76kg																					
1	Garrote Maneiro Paula	1993	YACA	75,36	0,1979	28	135,0	145,0	150,0	1	75,0	77,5	80,0	1	142,5	155,0	155,0	2	370,0	73,22	12
2	Mayoral Monguio Elena	2001	YACA	69,80	0,2059	29	122,5	130,0	135,0	2	62,5	65,0	67,5	2	135,0	145,0	150,0	1	347,5	71,55	9
-84kg																					
1	Moron Carrasco Lucia	2002	PCAN	78,96	0,1938	20	127,5	135,0	142,5	1	65,0	67,5	70,0	1	165,0	177,5	177,5	2	390,0	75,58	12
2	Izaquirre Uriarte Irati	2000	RBC	81,52	0,1911	21	115,0	125,0	132,5	2	57,5	62,5	65,0	2	157,5	165,0	182,5	1	380,0	72,62	9
84+kg																					
1	Urrutia Arrieta Alazne	1992	NAVAR	84,80	0,1882	22	120,0	127,5	132,5	1	80,0	85,0	90,0	1	160,0	172,5	185,0	1	407,5	76,69	12

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CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
1	POWERLIFTING NAVARRA	42	[12+12+7+6+5] 383,90 GL Pts
2	ERASO POWERLIFTING Alava	33	[12+12+9] 262,26 GL Pts
3	YOUNG AMBITION Cantabria	33	[12+9+8+4] 295,61 GL Pts
4	RAW BARBELL CLUB Bizkaia	29	[12+9+8] 234,07 GL Pts
5	POWERLIFTING CANTABRIA	24	[12+9+2+1] 282,16 GL Pts

CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
6	GOIERRI KE Guipuzkoa	21	[8+7+6] 218,12 GL Pts
7	IZARRA POWERLIFTING Bizkaia	15	[9+6] 134,09 GL Pts
8	POWERLIFTING NUMANCIA	7	[7] 60,17 GL Pts
9	IRON HELL Bizkaia	5	[5] 66,10 GL Pts
10	STRENGTH BURGOS	4	[4] 58,66 GL Pts

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL								
Nombre	Año	Club	Peso	Cat.	Total	GL pt.	Clas.	
1	Zurimendi Sanchez Itsasne	2000	EPA	56,92	-57kg	395,0	92,75	1
2	De La Calle Cuesta Jone	2001	EPA	67,18	-69kg	415,0	87,27	1
3	Carrillo De Albornoz Carricas Berta	2004	NAVAR	61,68	-63kg	382,5	84,84	1
4	Munoz Gabina Erika	2004	EPA	68,42	-69kg	395,0	82,24	2
5	Battyan Padro Lia	2002	PCAN	60,42	-63kg	362,5	81,56	2
6	Sorazu Nido Ana	1996	RBC	61,14	-63kg	362,5	80,87	3
7	Maniega Espinosa Ainhoa	2003	RBC	51,22	-52kg	315,0	80,58	1
8	Casanovas Martin Ainhoa	2003	GOIER	61,64	-63kg	347,5	77,11	4
9	Fernandez De La Puente Paula	2000	YACA	68,30	-69kg	370,0	77,11	3
10	Urrutia Arrieta Alazne	1992	NAVAR	84,80	+84kg	407,5	76,69	1
11	Galin Bilbao Nahia	1996	IZRRA	56,94	-57kg	325,0	76,31	2
12	Moron Carrasco Lucia	2002	PCAN	78,96	-84kg	390,0	75,58	1
13	Chanevi Chuviru Lily	1984	NAVAR	61,68	-63kg	340,0	75,41	5
14	Cano Gallego Paula	2002	GOIER	55,72	-57kg	315,0	75,19	3
15	Lasa Echeverria Itziar	2003	NAVAR	62,06	-63kg	335,0	74,00	6
16	Moreno Sereno Patricia	2003	YACA	62,44	-63kg	335,0	73,73	7
17	Garrote Maneiro Paula	1993	YACA	75,36	-76kg	370,0	73,22	1
18	Berihuete Abad Carolina	2007	NAVAR	54,42	-57kg	300,0	72,96	4
19	Izaguirre Uriarte Irati	2000	RBC	81,52	-84kg	380,0	72,62	2
20	Mayoral Monguio Elena	2001	YACA	69,80	-76kg	347,5	71,55	2
21	Milagros Gutierrez Aroa	2005	NAVAR	62,26	-63kg	322,5	71,11	8

ABREVIACIONES de CLUBES:	
1	BURGOS = STRENGTH BURGOS
2	EPA = ERASO POWERLIFTING Alava
3	GOIER = GOIERRI KE Guipuzkoa
4	IHB = IRON HELL Bizkaia
5	IZRRA = IZARRA POWERLIFTING Bizkaia
6	NAVAR = POWERLIFTING NAVARRA
7	NUMA = POWERLIFTING NUMANCIA
8	PCAN = POWERLIFTING CANTABRIA
9	RBC = RAW BARBELL CLUB Bizkaia
10	YACA = YOUNG AMBITION Cantabria