

ASOCIACIÓN ESPAÑOLA DE POWERLIFTING
I Campeonato de La Poble De Montornès
AEP-3 de iniciación de Cataluña
La Poble de Montornès, Tarragona - 16-17 noviembre 2024

Rev. 17/11/2024

HOMBRES POWERLIFTING RAW																	
LEVANTADOR		AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-59 kg																	
1	Sáiz García Ivan	2005	ATENEA	58,90		85	105,0	117,5	125,0	67,5	75,0	-82,5	-170,0	180,0	-192,5	380,0	62,94
--	Andrés Ezpeleta Guillermo	2007	ZABAR	58,76		80	180,0	-190,0	-190,0	90,0	-100,0	-100,0	-205,0	-205,0	-205,0	0,0	0,00
-66 kg																	
1	Xia Weijun	2007	PRAET	64,72		81	175,0	182,5	187,5	105,0	110,0	-115,0	180,0	-195,0	195,0	492,5	77,57
2	Barnils Xiol Joan	2003	POWBAR	62,30		86	165,0	-175,0	-175,0	100,0	107,5	-110,0	180,0	195,0	207,5	480,0	77,15
3	Sánchez Villanueva Toni	2005	ATENEA	64,80		84	135,0	-142,5	-142,5	-90,0	95,0	-102,5	167,5	175,0	-182,5	405,0	63,75
--	Escobar Arnau Gerard	1999	FEDCAT	64,94		79	130,0	140,0	147,5	90,0	97,5	-105,0	-165,0	-175,0	-175,0	0,0	0,00
-74 kg																	
1	Constantin Patrascu Denis	2001	POWZAR	71,92		96	195,0	-205,0	210,0	122,5	130,0	135,0	205,0	220,0	-235,0	565,0	84,19
2	Vasquez Brunno	2001	THENEW	71,00		90	165,0	177,5	185,0	110,0	117,5	-122,5	180,0	192,5	200,0	502,5	75,38
3	Martín Santamaría Nacho	2007	RIVAL	72,18		95	162,5	172,5	182,5	82,5	87,5	-92,5	200,0	215,0	-230,0	485,0	72,13
4	Manjon Carmona Ruben	2001	RZPOW	72,72		91	-145,0	150,0	157,5	110,0	117,5	-120,0	170,0	185,0	200,0	475,0	70,37
5	Rednic Raul	2007	MOONST	73,16		94	150,0	160,0	170,0	97,5	105,0	-110,0	180,0	200,0	-210,0	475,0	70,15
6	Vila Calaf Roger	2004	UNDERG	72,00		92	152,5	162,5	175,0	87,5	92,5	-95,0	175,0	190,0	-212,5	457,5	68,13
7	Cervantes Fernández Miguel	1986	FEDCAT	68,94		88	142,5	152,5	160,0	82,5	87,5	90,0	175,0	190,0	202,5	452,5	68,94
8	Frade Corominas Stas	2004	OLYMP	67,82		87	130,0	140,0	150,0	107,5	115,0	-120,0	165,0	180,0	-190,0	445,0	68,38
9	Berson Georgy	2007	OLYMP	73,08		89	135,0	145,0	152,5	-95,0	100,0	105,0	170,0	185,0	-200,0	442,5	65,39
10	Atienza Novillo Iván	1980	RZPOW	73,58		99	-130,0	140,0	150,0	87,5	95,0	-97,5	175,0	190,0	195,0	440,0	64,79
11	Esperanza Hernández Daniel	1999	ZABAR	72,76		97	130,0	-142,5	142,5	65,0	70,0	-72,5	165,0	182,5	195,0	407,5	60,35
12	Viciano Oscar	1994	FLAISK	71,10		93	120,0	130,0	137,5	70,0	75,0	80,0	157,5	170,0	-180,0	387,5	58,09
-83 kg																	
1	Singh Kaur Tanvir	2006	VOLSTR	82,14		24	-202,5	217,5	227,5	100,0	102,5	110,0	-210,0	225,0	245,0	582,5	81,06
2	Giménez Herrero Sergi	2001	POWBAR	78,30		33	175,0	-187,5	195,0	110,0	117,5	122,5	220,0	235,0	245,0	562,5	80,21
3	Romero Alcolea Jose Luís	2006	POWBAR	82,02		26	195,0	-210,0	210,0	120,0	-130,0	-130,0	215,0	232,5	-250,0	562,5	78,33
4	Fernández Abellan Juan	1996	POWBAR	81,74		30	162,5	172,5	177,5	132,5	140,0	145,0	195,0	210,0	217,5	540,0	75,33
5	Sofi Argueta Sergio	1996	ZABAR	78,56		27	-170,0	-170,0	170,0	120,0	130,0	-135,0	200,0	210,0	222,5	522,5	74,38
6	García Pérez Francisco	2007	UNDERG	80,84		23	-185,0	185,0	-195,0	-117,5	117,5	-120,0	195,0	207,5	217,5	520,0	72,95
7	Márquez Henríquez Ubaldo Daniel	2006	POWBAR	80,36		29	170,0	177,5	185,0	100,0	105,0	112,5	195,0	205,0	215,0	512,5	72,12
8	López Viedma Eloy	2006	UNDERG	79,94		28	-170,0	177,5	185,0	72,5	80,0	87,5	180,0	200,0	215,0	487,5	68,78
9	Giorlan Lazaro Mark	2006	RIVAL	80,42		31	165,0	175,0	180,0	90,0	97,5	102,5	-177,5	177,5	-187,5	460,0	64,70
10	Berlanga Navarro José Andrés	1994	RZPOW	81,74		22	155,0	170,0	-180,0	87,5	95,0	102,5	170,0	185,0	-200,0	457,5	63,82
11	Coll Virgili Joan	2005	PRAET	77,88		25	135,0	142,5	-147,5	80,0	-85,0	-87,5	185,0	200,0	-210,0	422,5	60,41
--	Emanuel Tosun Alexander	2005	RIVAL	80,70		34	-195,0	-195,0	-195,0	100,0	105,0	-110,0	205,0	220,0	-230,0	0,0	0,00

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HOMBRES POWERLIFTING RAW																
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS			PRESS BANCA			PESO MUERTO			TOTAL	IPFGL
-93 kg																
1 Rivera Valero Álex	1998	POWBAR	85,62		54	220,0	230,0	237,5	135,0	140,0	145,0	260,0	275,0	285,0	667,5	90,97
2 Lopez Morcillo Cristobal	2001	RZPOW	87,94		51	220,0	240,0	-250,0	125,0	132,5	140,0	230,0	250,0	260,0	640,0	86,06
3 Illiev Palazov Valeri	1999	MOONST	90,44		47	220,0	235,0	-245,0	-125,0	125,0	130,0	230,0	250,0	270,0	635,0	84,22
4 Fanderil Sebastian	2001	FEDCAT	90,32		40	225,0	232,5	-237,5	135,0	145,0	-147,5	235,0	250,0	252,5	630,0	83,61
5 Marcó Y Díaz Pol	2002	VOLSTR	88,12		43	205,0	217,5	230,0	122,5	127,5	135,0	245,0	262,5	-272,5	627,5	84,30
6 Varela García Albert	2002	FEDCAT	86,16		52	-215,0	225,0	237,5	107,5	115,0	122,5	212,5	227,5	-235,0	587,5	79,81
7 Estevez I Gomez Miguel Angel	1998	MOONST	92,02		38	197,5	210,0	220,0	115,0	122,5	-127,5	220,0	235,0	-250,0	577,5	75,94
8 Castaño Marín Javier	2002	UNDERG	90,20		55	-167,5	177,5	185,0	110,0	117,5	125,0	-210,0	225,0	245,0	555,0	73,70
9 Casas Navas Pau	2004	POWBAR	91,16		42	180,0	200,0	210,0	100,0	107,5	112,5	200,0	217,5	230,0	552,5	72,99
10 Serrano Pueyo Pol	1988	FLAISK	91,98		36	165,0	180,0	187,5	-127,5	127,5	135,0	205,0	220,0	230,0	552,5	72,67
11 Ichofe Micheal	2002	RZPOW	92,54		45	-160,0	190,0	200,0	127,5	135,0	-140,0	190,0	205,0	-210,0	540,0	70,81
12 Palacio Sopena Jorge	1992	BARBAS	90,70		50	-170,0	-175,0	180,0	122,5	130,0	137,5	175,0	195,0	210,0	527,5	69,86
13 Clapés Miarnau Francesc	1997	THENEW	90,88		57	175,0	182,5	185,0	90,0	97,5	105,0	195,0	217,5	235,0	525,0	69,46
14 Ruiz Tornés Daniel	1998	ATENEA	91,64		58	170,0	180,0	190,0	-105,0	-105,0	105,0	190,0	210,0	225,0	520,0	68,52
15 Muñoz Valencia Ramiro	1991	ZABAR	88,08		53	175,0	182,5	-190,0	120,0	125,0	130,0	180,0	195,0	205,0	517,5	69,54
16 Cerezo Campo Diego	1997	BARBAS	90,40		48	160,0	170,0	-180,0	130,0	135,0	140,0	190,0	205,0	-220,0	515,0	68,32
17 Aranda Sánchez Saúl	2008	ZABAR	89,94		37	-160,0	-170,0	170,0	100,0	110,0	115,0	200,0	215,0	225,0	510,0	67,82
18 Izaguerri Gómez Álvaro	2006	ZABAR	91,30		56	185,0	195,0	200,0	92,5	97,5	-100,0	190,0	-202,5	202,5	500,0	66,00
19 Guevara Vinuesa Christopher Sebasti	2000	THENEW	92,30		41	150,0	162,5	167,5	112,5	120,0	125,0	-195,0	-207,5	207,5	500,0	65,65
20 Baró Corral Kevin	2001	STRLEG	90,60		46	160,0	170,0	177,5	105,0	112,5	117,5	185,0	197,5	-207,5	492,5	65,26
21 Gimeno Vilabella Adrià	2002	ATENEA	92,02		44	160,0	172,5	180,0	90,0	97,5	102,5	187,5	200,0	207,5	490,0	64,44
22 Sancho García Guillermo	2006	ZABAR	92,56		39	185,0	-190,0	-190,0	80,0	85,0	-87,5	190,0	200,0	205,0	475,0	62,28
23 Astudillo Rubio Emilio	2001	POWBAR	91,62		35	155,0	165,0	175,0	80,0	85,0	92,5	170,0	182,5	195,0	462,5	60,95
24 Gayà Covas Miquel	1977	CONRA	91,36		49	-160,0	-170,0	170,0	95,0	102,5	-107,5	170,0	185,0	-190,0	457,5	60,37
-105 kg																
1 Zapata Gonzalez Marc	1995	RZPOW	102,52		60	215,0	-230,0	240,0	142,5	150,0	-155,0	270,0	285,0	300,0	690,0	86,15
2 Alvaro Duran German	2002	RZPOW	95,92		64	185,0	200,0	210,0	117,5	125,0	-130,0	220,0	235,0	-250,0	570,0	73,46
3 Pareja Escamilla Arnau	1995	RZPOW	93,70		69	170,0	180,0	187,5	125,0	-127,5	-127,5	-220,0	220,0	237,5	550,0	71,69
4 Bastidas Martínez Yaro Antonio	2006	FRETIK	95,20		68	180,0	190,0	197,5	105,0	110,0	-117,5	225,0	232,5	240,0	547,5	70,82
5 Herrero Abadía David	1996	ZABAR	98,88		63	170,0	180,0	-187,5	115,0	120,0	-125,0	205,0	225,0	240,0	540,0	68,58
-- García García Jose Antonio	2006	UNDERG	104,04		66	185,0	195,0	197,5	-117,5	-120,0	-120,0	212,5	-225,0	-230,0	0,0	0,00
-120 kg																
1 Santiago Quiñonero Pablo	1990	BARBAS	116,18		67	210,0	220,0	235,0	145,0	152,5	160,0	230,0	250,0	267,5	662,5	78,12
2 Martín Gómez Aarón	2001	FEDCAT	113,66		59	240,0	-257,5	257,5	130,0	137,5	140,0	235,0	250,0	-262,5	647,5	77,10
3 Ramírez Serres Salvador	1983	PRAET	112,66		65	180,0	192,5	-200,0	130,0	135,0	140,0	180,0	195,0	207,5	540,0	64,55

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HOMBRES POWERLIFTING RAW									
LEVANTADOR	AÑO	CLUB	PESO	COEF.	Ord.	SENTADILLAS	PRESS BANCA	PESO MUERTO	TOTAL IPFGL
MEJORES LEVANTADORES POWERLIFTING RAW a pt. IPF GL									
Nombre	Año	Club	Peso	Cat.		Total	GL pt.	Clas.	
1 Rivera Valero Álex	1998	POWBAR	85,62	-93kg		667,5	90,97	1	
2 Zapata Gonzalez Marc	1995	RZPOW	102,52	-105kg		690,0	86,15	1	
3 Lopez Morcillo Cristobal	2001	RZPOW	87,94	-93kg		640,0	86,06	2	
4 Marcó Y Diaz Pol	2002	VOLSTR	88,12	-93kg		627,5	84,30	5	
5 Illiev Palazov Valeri	1999	MOONST	90,44	-93kg		635,0	84,22	3	
6 Constantín Patrascu Denis	2001	POWZAR	71,92	-74kg		565,0	84,19	1	
7 Fanderil Sebastian	2001	FEDCAT	90,32	-93kg		630,0	83,61	4	
8 Singh Kaur Tanvir	2006	VOLSTR	82,14	-83kg		582,5	81,06	1	
9 Giménez Herrero Sergi	2001	POWBAR	78,30	-83kg		562,5	80,21	2	
10 Varela García Albert	2002	FEDCAT	86,16	-93kg		587,5	79,81	6	
11 Romero Alcolea Jose Luís	2006	POWBAR	82,02	-83kg		562,5	78,33	3	
12 Santiago Quiñonero Pablo	1990	BARBAS	116,18	-120kg		662,5	78,12	1	
13 Xia Weijun	2007	PRAET	64,72	-66kg		492,5	77,57	1	
14 Barnils Xiol Joan	2003	POWBAR	62,30	-66kg		480,0	77,15	2	
15 Martín Gómez Aarón	2001	FEDCAT	113,66	-120kg		647,5	77,10	2	
16 Estevez I Gomez Miguel Angel	1998	MOONST	92,02	-93kg		577,5	75,94	7	
17 Vasquez Brunno	2001	THENEW	71,00	-74kg		502,5	75,38	2	
18 Fernández Abellan Juan	1996	POWBAR	81,74	-83kg		540,0	75,33	4	
19 Sofí Argueta Sergio	1996	ZABAR	78,56	-83kg		522,5	74,38	5	
20 Castaño Marín Javier	2002	UNDERG	90,20	-93kg		555,0	73,70	8	
21 Alvaro Duran German	2002	RZPOW	95,92	-105kg		570,0	73,46	2	
22 Casas Navas Pau	2004	POWBAR	91,16	-93kg		552,5	72,99	9	
23 García Pérez Francisco	2007	UNDERG	80,84	-83kg		520,0	72,95	6	
24 Serrano Pueyo Pol	1988	FLAISK	91,98	-93kg		552,5	72,67	10	
25 Martín Santamaría Nacho	2007	RIVAL	72,18	-74kg		485,0	72,13	3	
26 Márquez Henríquez Ubaldo Daniel	2006	POWBAR	80,36	-83kg		512,5	72,12	7	
27 Pareja Escamilla Arnau	1995	RZPOW	93,70	-105kg		550,0	71,69	3	
28 Bastidas Martínez Yaro Antonio	2006	FRETIK	95,20	-105kg		547,5	70,82	4	
29 Ichofe Micheal	2002	RZPOW	92,54	-93kg		540,0	70,81	11	
30 Manjon Carmona Ruben	2001	RZPOW	72,72	-74kg		475,0	70,37	4	
31 Rednic Raul	2007	MOONST	73,16	-74kg		475,0	70,15	5	
ABREVIACIONES de CLUBES:									
1 ATENEA	ATENEA POWERLIFTING Barcelona								
2 BARBAS	BARBASTRO POWERLIFTING Huesca								
3 CONRA	CONRA CLUB DE FORÇA Mallorca								
4 FEDCAT	FEDERACIÓN CATALANA								
5 FLAISK	FORÇA LAIESKEN Barcelona								
6 FRETIK	FRENETIK POWERLIFTING Barcelona								
7 MOONST	MOONSTONE BARBELL Sabadell								
8 OLYMP	OLYMPIA BARCELONA								
9 POWBAR	POWERLIFTING BARCELONA								
10 PRAET	PRAETORIANS Tarragona								
11 RIVAL	RIVAL POWERLIFTING Barcelona								
12 RZPOW	RZ POWER TEAM Sabadell								
13 POWZAR	TEAM CE POWERLIFTING Zaragoza								
14 THENEW	THE NEW ERA TEAM Barcelona								
15 UNDERG	UNDERGROUND LIFTING Barcelona								
16 VOLSTR	VOLCANO STRENGTH Girona								
17 ZABAR	ZARAGOZA BARBELL								