

**ASOCIACIÓN ESPAÑOLA DE POWERLIFTING**  
**Copa de España Absoluta (OPEN)**  
AEP-1 Nacional de Powerlifting y Press Banca RAW  
Chipiona, Cádiz - Sábado, 5 abril 2025

Rev. 05/04/2025

<b>MUJERES POWERLIFTING RAW</b>																					
<b>LEVANTADORA</b>		<b>AÑO</b>	<b>CLUB</b>	<b>PESO</b>	<b>COEF.</b>	<b>Ord.</b>	<b>SENTADILLAS</b>			<b>PRESS BANCA</b>			<b>PESO MUERTO</b>			<b>TOTAL</b>	<b>IPFGL</b>	<b>Pt.</b>			
<b>-47kg</b>																					
1	Sanchez Collado Gisela	2001	PBAR	45,32	0,2877	2	105,0	110,0	-115,0	1	65,0	-67,5	-67,5	2	-130,0	140,0	-145,0	1	315,0	90,63	12
2	Cebada Almagro Laura	1999	IPM	46,18	0,2821	1	97,5	-100,0	100,0	2	65,0	67,5	70,0	1	120,0	-132,5	135,0	2	305,0	86,04	9
<b>-52kg</b>																					
1	Escosura Flores Lara	2001	FEDCAT	51,92	0,2528	5	-132,5	137,5	-142,5	1	77,5	82,5	-85,0	2	145,0	-155,0	155,0	3	375,0	94,80	12
2	Sousa Perez Alba	1998	720	51,22	0,2558	3	130,0	135,0	-140,0	2	57,5	-62,5	-62,5	4	150,0	160,0	165,0	1	357,5	91,45	9
3	Diaz Ruiz. Violeta	1996	RVSTR	50,48	0,2592	6	122,5	-127,5	127,5	3	67,5	70,0	72,5	3	145,0	150,0	155,0	2	355,0	92,02	8
4	Bernabeu Gomez Lucia	2005	GRSTR	51,52	0,2545	4	115,0	122,5	-130,0	4	80,0	87,5	-88,5	1	117,5	125,0	130,0	4	340,0	86,53	7
<b>-57kg (solo PRESS BANCA)</b>																					
1	Zamora Reverte Irene	2003	INSP	56,20	0,8997	8					-65,0	67,5	-70,0						67,5	60,73	--
<b>-57kg</b>																					
1	Stefan Madalina (AI)	1995	DNIXAR	56,38	0,2365	10	157,5	162,5	167,5	1	82,5	87,5	90,0	2	150,0	157,5	162,5	4	420,0	99,33	12
2	Alonso Vazquez Paula	2001	FENIX	56,88	0,2349	9	140,0	145,0	147,5	2	85,0	90,0	92,5	1	160,0	170,0	-182,5	3	410,0	96,31	9
3	Abarquero Diezhandino Ester	1995	720	56,60	0,2358	13	130,0	137,5	142,5	4	75,0	80,0	-82,5	4	147,5	155,0	162,5	5	385,0	90,78	8
4	Zurimendi Sanchez Itsasne	2000	RBC	56,92	0,2348	11	135,0	-142,5	142,5	5	-87,5	-90,0	90,0	3	140,0	152,5	-157,5	6	385,0	90,40	7
5	Martinez Justo Sofia	2001	VAKNER	56,60	0,2358	12	137,5	142,5	-147,5	3	-62,5	62,5	-65,0	5	-167,5	170,0	-175,0	2	375,0	88,42	6
6	Andradas Jorge Leticia Lourdes	1995	RVSTR	56,52	0,2361	14	120,0	125,0	130,0	6	55,0	57,5	-60,0	6	-167,5	-172,5	172,5	1	360,0	85,00	5
<b>-63kg</b>																					
1	Maguregi Rodriguez Jone	1999	PRMOD	62,88	0,2191	19	160,0	170,0	173,0	1	107,5	111,0	-112,0	1	165,0	177,5	187,5	3	471,5	103,31	12
2	Jimenez Calabuig Silvia	1996	GRSTR	62,96	0,2189	25	150,0	160,0	165,0	3	-100,0	100,0	102,5	2	165,0	180,0	190,0	2	457,5	100,15	9
3	Sarria Pascual Alba	1994	NWERA	60,68	0,2243	20	140,0	147,5	155,0	5	70,0	72,5	77,5	7	180,0	190,0	192,5	1	425,0	95,33	8
4	Martin Monroy. Maria Begoña	2000	PRMOD	62,82	0,2192	23	150,0	157,5	162,5	4	80,0	-85,0	85,0	5	155,0	165,0	177,5	4	425,0	93,16	7
5	Ettxepare Amundarain Naroa	1998	DTPOW	62,60	0,2197	24	152,5	162,5	167,5	2	85,0	90,0	-92,5	3	165,0	-177,5	-177,5	7	422,5	92,82	6
6	Baquerizo Adan Marta	2001	INSP	62,68	0,2195	22	137,5	142,5	147,5	7	85,0	90,0	-95,0	4	150,0	160,0	170,0	6	407,5	89,45	5
7	Maggioni Maria Isabel (AI)	1996	CANSTR	62,14	0,2207	21	140,0	147,5	-150,0	6	80,0	82,5	-85,0	6	155,0	165,0	172,5	5	402,5	88,83	4
<b>-69kg</b>																					
1	Soto Ruiz Inmaculada	2000	LIFTAM	64,00	0,2166	26	160,0	167,5	175,0	3	97,5	102,5	105,0	2	195,0	205,0	215,5	1	495,5	107,33	12
2	Vico Martinez Eva	1998	FNORT	68,08	0,2087	29	157,5	165,0	170,0	4	102,5	107,5	110,0	1	175,0	185,0	-200,0	2	465,0	97,05	9
3	Martinez Soria Julia	1999	PRMOD	67,30	0,2101	27	152,5	160,0	165,0	6	92,5	97,5	100,0	3	162,5	175,0	180,0	3	445,0	93,49	8
4	Pata Gonzalez Patricia	2000	RVSTR	68,60	0,2078	33	162,5	170,0	178,5	1	82,5	87,5	-90,0	6	152,5	162,5	170,0	5	436,0	90,60	7
5	De La Calle Cuesta Jone	2001	EPA	67,26	0,2102	32	162,5	170,0	178,0	2	80,0	85,0	90,0	4	150,0	157,5	165,0	8	433,0	91,02	6
6	Canamasas Font Maria	2000	FLSKEN	68,50	0,2080	31	152,5	162,5	167,5	5	80,0	85,0	90,0	5	162,5	-172,5	-180,0	9	420,0	87,36	5
7	Venalainen Sira Janina (AI)	2000	PRMOD	68,90	0,2073	34	150,0	157,5	162,5	8	82,5	85,0	-87,5	7	150,0	160,0	170,0	6	417,5	86,55	4
8	Garcia Gallego Emma	1997	RVSTR	67,68	0,2094	28	142,5	155,0	162,5	7	70,0	75,0	80,0	9	140,0	157,5	170,0	4	412,5	86,38	3
9	Grimaldi Bouillet Lisa	1999	SPCFIC	68,34	0,2083	30	142,5	152,5	157,5	9	77,5	82,5	-85,0	8	152,5	167,5	-180,0	7	407,5	84,88	2
<b>-76kg (solo PRESS BANCA)</b>																					
1	Mejias Tenes Maria Mercedes	1969	POWMAD	74,84	0,7722	15					65,0	70,0	71,0						71,0	54,83	--
<b>-76kg</b>																					
1	Najy Suleimane Naomi Sara	1997	BLCR	75,58	0,1977	16	162,5	167,5	172,5	2	75,0	77,5	-80,0	3	192,5	200,0	-205,0	1	450,0	88,97	12
2	Ibanez Archilla Leyre	1994	FEDCAT	75,92	0,1973	17	160,0	-167,5	-167,5	3	92,5	-95,0	95,0	1	175,0	185,0	-197,5	2	440,0	86,81	9
3	Vazquez Ortega Celia	2001	PLCO	72,78	0,2014	18	-170,0	177,5	-185,0	1	75,0	77,5	-80,0	2	-165,0	170,0	-180,0	3	425,0	85,59	8

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CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
1	THE PRMODE Granada	31	[12+8+7+4] 376,51 GL Pts
2	RV STRENGTH Huelva	23	[8+7+5+3] 353,99 GL Pts
3	FEDERACION CATALANA	21	[12+9] 181,61 GL Pts
4	720 POWERLIFTING Ourense	17	[9+8] 182,23 GL Pts
5	GR STRENGTH TORRENT Valencia	16	[9+7] 186,68 GL Pts
6	LIFT AMBITION Granada	12	[12] 107,33 GL Pts
7	DEPORNIXAR ALMERIA	12	[12] 99,33 GL Pts
8	POWERLIFTING BARCELONA	12	[12] 90,63 GL Pts
9	BLACK CROWN POWERLIFTING Madr	12	[12] 88,96 GL Pts
10	FUERZA NORTE Leon	9	[9] 97,05 GL Pts
11	FENIX GALICIA POWER	9	[9] 96,31 GL Pts

CLASIFICACIÓN POR CLUBES			
	pt.	Puntuaciones	
12	INTEND POWER Madrid	9	[9] 86,04 GL Pts
13	THE NEW ERA TEAM Barcelona	8	[8] 95,33 GL Pts
14	POWERLIFTING LIFTERS Cordoba	8	[8] 85,60 GL Pts
15	RAW BARBELL CLUB Bizkaia	7	[7] 90,40 GL Pts
16	DT POWER Madrid	6	[6] 92,82 GL Pts
17	ERASO POWERLIFTING Alava	6	[6] 91,02 GL Pts
18	VAKNER POWERLIFTING GALIZA	6	[6] 88,43 GL Pts
19	INSANE POWERLIFTING Ciudad Real	5	[5] 89,45 GL Pts
20	FORCA LAIESKEN Barcelona	5	[5] 87,36 GL Pts
21	CANARY STRENGTH	4	[4] 88,83 GL Pts
22	SPECIFIC STRENGTH Madrid	2	[2] 84,88 GL Pts

MEJORES LEVANTADORAS POWERLIFTING RAW a pt. IPF GL								
Nombre	Club	Peso	Cat.	Total	GL pt.	Clas.		
1	Soto Ruiz Inmaculada	2000	LIFTAM	64,00	-69	<b>495,5</b>	<b>107,33</b>	1
2	Maguregi Rodriguez Jone	1999	PRMOD	62,88	-63	<b>471,5</b>	<b>103,31</b>	1
3	Jimenez Calabuig Silvia	1996	GRSTR	62,96	-63	<b>457,5</b>	<b>100,15</b>	2
4	Stefan Madalina (AI)	1995	DNIXAR	56,38	-57	<b>420,0</b>	<b>99,33</b>	1
5	Vico Martinez Eva	1998	FNORT	68,08	-69	<b>465,0</b>	<b>97,05</b>	2
6	Alonso Vazquez Paula	2001	FENIX	56,88	-57	<b>410,0</b>	<b>96,31</b>	2
7	Sarria Pascual Alba	1994	NWERA	60,68	-63	<b>425,0</b>	<b>95,33</b>	3
8	Escosura Flores Lara	2001	FEDCAT	51,92	-52	<b>375,0</b>	<b>94,80</b>	1
9	Martinez Soria Julia	1999	PRMOD	67,30	-69	<b>445,0</b>	<b>93,49</b>	3
10	Martin Monroy. Maria Begoña	2000	PRMOD	62,82	-63	<b>425,0</b>	<b>93,16</b>	4
11	Etxepare Amundarain Naroa	1998	DTPOW	62,60	-63	<b>422,5</b>	<b>92,82</b>	5
12	Diaz Ruiz. Violeta	1996	RVSTR	50,48	-52	<b>355,0</b>	<b>92,02</b>	3
13	Sousa Perez Alba	1998	720	51,22	-52	<b>357,5</b>	<b>91,45</b>	2
14	De La Calle Cuesta Jone	2001	EPA	67,26	-69	<b>433,0</b>	<b>91,02</b>	5
15	Abarquero Diezhandino Ester	1995	720	56,60	-57	<b>385,0</b>	<b>90,78</b>	3
16	Sanchez Collado Gisela	2001	PBAR	45,32	-47	<b>315,0</b>	<b>90,63</b>	1
17	Pata Gonzalez Patricia	2000	RVSTR	68,60	-69	<b>436,0</b>	<b>90,60</b>	4
18	Zurimendi Sanchez Itsasne	2000	RBC	56,92	-57	<b>385,0</b>	<b>90,40</b>	4
19	Baquerizo Adan Marta	2001	INSP	62,68	-63	<b>407,5</b>	<b>89,45</b>	6
20	Najy Suleimane Naomi Sara	1997	BLCR	75,58	-76	<b>450,0</b>	<b>88,97</b>	1
21	Maggioni Maria Isabel (AI)	1996	CANSTR	62,14	-63	<b>402,5</b>	<b>88,83</b>	7
22	Martinez Justo Sofia	2001	VAKNER	56,60	-57	<b>375,0</b>	<b>88,42</b>	5
23	Canamasas Font Maria	2000	FLSKEN	68,50	-69	<b>420,0</b>	<b>87,36</b>	6
24	Ibanez Archilla Leyre	1994	FEDCAT	75,92	-76	<b>440,0</b>	<b>86,81</b>	2
25	Venalainen Sira Janina (AI)	2000	PRMOD	68,90	-69	<b>417,5</b>	<b>86,55</b>	7
26	Bernabeu Gomez Lucia	2005	GRSTR	51,52	-52	<b>340,0</b>	<b>86,53</b>	4
27	Garcia Gallego Emma	1997	RVSTR	67,68	-69	<b>412,5</b>	<b>86,38</b>	8
28	Cebada Almagro Laura	1999	IPM	46,18	-47	<b>305,0</b>	<b>86,04</b>	2
29	Vazquez Ortega Celia	2001	PLCO	72,78	-76	<b>425,0</b>	<b>85,59</b>	3

ABREVIACIONES de CLUBES:	
1	720 = 720 POWERLIFTING Ourense
2	BLCR = BLACK CROWN POWERLIFTING Madrid
3	CANSTR = CANARY STRENGTH
4	DNIXAR = DEPORNIXAR ALMERIA
5	DTPOW = DT POWER Madrid
6	EPA = ERASO POWERLIFTING Alava
7	FEDCAT = FEDERACION CATALANA
8	FENIX = FENIX GALICIA POWER
9	FLSKEN = FORCA LAIESKEN Barcelona
10	FNORT = FUERZA NORTE Leon
11	GRSTR = GR STRENGTH TORRENT Valencia
12	INSP = INSANE POWERLIFTING Ciudad Real
13	IPM = INTEND POWER Madrid
14	LIFTAM = LIFT AMBITION Granada
15	NWERA = THE NEW ERA TEAM Barcelona
16	PBAR = POWERLIFTING BARCELONA
17	PLCO = POWERLIFTING LIFTERS Cordoba
18	POWMAD = POWERLIFTING MADRID
19	PRMOD = THE PRMODE Granada
20	RBC = RAW BARBELL CLUB Bizkaia
21	RVSTR = RV STRENGTH Huelva
22	SPCFIC = SPECIFIC STRENGTH Madrid
23	VAKNER = VAKNER POWERLIFTING GALIZA

(AI) Atleta Invitado con mas de 5 años de afiliación a la AEP